



North Shore Cyclists

Cape Ann from Manchester by the Sea

Medium route 39 miles

Start: Manchester Memorial Elementary School, Lincoln St, Manchester

| Mile | Turn | Instruction |
|-------------|------------|---|
| 0 | RT | Lincoln St. |
| 0.1 | LT | Rt. 127 (Summer st.) |
| 1.2 | RT | Ocean St. |
| 2 | RT | Rt. 127 |
| 2.4 | RT | Raymond St. toward Magnolia |
| 2.7 | RT | Magnolia Ave |
| 2.7 | BR | Shore Ave. |
| 3.4 | LT | Hesperus St. |
| 3.4 | RT | Linden St. |
| 3.5 | S | Linden St. |
| 3.6 | RT | Norman/Hesperus |
| 3.6 | | Extra short LT on Norman |
| 5.3 | RT | Rt. 127 (Western Ave.). |
| 6.1 | RT | Stage Fort Park |
| 6.5 | RT | Rt. 127 |
| 7.3 | RT | Washington St. in Gloucester |
| 7.4 | LT | Rogers St. |
| 8.5 | RT | East Main St. keep bearing right on East Main |
| 9.9 | BL | Farrington |
| 10.1 | S | Farrington |
| 10.1 | Opt | RT Eastern Point out and back |
| 10.6 | LT | Atlantic Rd. |
| 12.2 | BL | Bear left at one way sign |
| 12.6 | S | Rt. 127A to Rockport (L, Med) |
| 12.6 | | Short loop goes left on Bass Ave. |
| 16.4 | RT | Marmion Way |
| 17.4 | RT | Old Garden RD |
| 18.1 | RT | Highland Ave |
| 18.1 | RT | Main St. in Rockport |
| 18.2 | BL | Main St. /Rt. 127A |
| 18.4 | RT | at Captain's Bounty Inn |
| 18.8 | RT | Rt. 127 North |
| 23.6 | RT | Leonard St. (Annisquam Village) |
| 24.3 | LT | Bridgewater St. |
| 24.4 | S | pedestrian bridge |
| 24.5 | RT | Washington ST (Rte 127) |
| 24.7 | S | Rt. 127 |
| 24.7 | Opt | LT Dennison St., Goose Cove RT Holly back to 127 |

| | | |
|------|----|---|
| 25.5 | LT | Stanwood Drive |
| 25.6 | RT | Cherry St. |
| 26.9 | LT | Poplar St. |
| 27.1 | RT | Maplewood Ave. |
| 27.5 | RT | Grove ST |
| 27.7 | S | cross Rt. 127 to Centennial Ave. |
| 28.5 | RT | Essex ST (Rte 133 West) short loop rejoins here |
| 28.8 | RT | Essex Ave (Rte 133) |
| 30.9 | S | Rt. 133. (X-short loop rejoins) |
| 31.5 | S | Rt. 133 (option: RT on Concord) |
| 34.3 | S | Rt. 133 (Concord route rejoins) |
| 35.1 | LT | Southern Ave. |
| 38.8 | LT | Lincoln St. |
| 39.3 | RT | Arrive Elementary School |

Route mark



Yellow "Dan Henry"
indicating right turn ahead

RT= Right Turn LT = Left Turn BR = Bear Right BL = Bear Left
S = Straight X = Cross ALT = alternative route .