



North Shore Cyclists

Grub, Sweat & Gears

LONG ROUTE

<u>Miles</u>	<u>Turn</u>	<u>Road Directions</u>
0.0	RIGHT	Out of parking lot
0.1	RIGHT	On Grove Street
0.4	LEFT	On Washington Street
1.0	LEFT	On Washington Street
2.5	RIGHT	On Middleton Road
4.6	RIGHT	On Mill Road
5.4	LEFT	On Main Street
6.6	LEFT	On Lawrence Road
7.0	LEFT	On Brookview Road
8.7	LEFT	On Forest Street
9.7	RIGHT	On Sharpners Pond Road
10.4	RIGHT	On Salem Street
13.2	BEAR LEFT	On Salem Street
15.0	RIGHT	On Marbleridge Road
15.5	BEAR RIGHT	On Great Pond Road
17.1	BEAR RIGHT	On Essex Street
17.6	LEFT	On Washington Street (Rt 133)
18.3	BEAR RIGHT	On Lake Shore Road
19.3	LEFT	On Main Street
21.2	RIGHT	On Chadwick Road
22.9	STRAIGHT	On Old Groveland Road
23.6	LEFT	On Main Street
24.7	LEFT	On School Street (Rt 97)
24.9	BEAR LEFT	Across Bridge
25.2	STRAIGHT	On Groveland Street
25.8	RIGHT	On East Broadway
26.0	LEFT	On Kenoza Street
27.3	LEFT	On Kenoza Street
28.3	RIGHT	On Elliott Street
28.8	RIGHT	On Amesbury Road (Rt 110)
29.4	LEFT	On Whittier Road
29.9	LEFT	On Corliss Hill Road
31.0	RIGHT	On Newton Road
31.2	LEFT	On Sweet Hill Road
34.2	RIGHT	On Crane Crossing Road
35.9	RIGHT	On Whittier Road
36.8	RIGHT	On Highland Street
37.8	LEFT	On N. Main Street

Topsfield Plaza - Topsfield, MA

Howard & Ellen Wack 978-887-6338

<u>Miles</u>	<u>Turn</u>	<u>Road Directions</u>
38.0	RIGHT	On Goulds Hill Road
38.5	RIGHT	On Amesbury Road
38.8	LEFT	On Amesbury Road
40.8	LEFT	On Newton Road
41.6	LEFT	On West Whitehall Road
44.4	RIGHT	On Friend Street (Rt 150)
44.6	RIGHT	On Greenleaf Street (Rt 150)
44.8	RIGHT	On Sparhawk Street (Rt 150)
45.3	RIGHT	On Haverhill Road (Rt 110)
45.9	LEFT	On Middle Road (Hodgies)
48.0	BEAR LEFT	On River Road
49.3	LEFT	On River Road
49.9	LEFT	Over Rocks Bridge
50.2	BEAR RIGHT	On Church Street
51.2	RIGHT	On Main Street (Rt 113)
51.3	LEFT	On Maple Street
53.1	RIGHT	On Middle Street
54.2	STRAIGHT	On Center Street
54.7	LEFT	On Bare Hill Road
55.9	RIGHT	On 7 Star Road
57.7	RIGHT	On North Street
57.9	BEAR LEFT	On Central Street (Rt. 97)
59.7	RIGHT	On Georgetown Road
60.0	RIGHT	On Great Pond Drive
61.3	LEFT	On Barehill Road
61.7	LEFT	On Ipswich Road
62.6	RIGHT	On Georgetown Road
64.3	LEFT	On Topsfield Road
67.0	RIGHT	On High Street Extension
67.1	RIGHT	On West Common Street
67.2	RIGHT	On Main Street
67.4	RIGHT	Into Plaza

ARROW =



Join us for a cookout and swimming after the ride. Left out of the parking lot; 2.3 miles on right; 175 Haverhill Road just after the gas station. \$5 or bring food to