



North Shore Cyclists Salt Marsh Tour 2009

25 miles (short) and 37 (medium) mile rides

Short loop: 25 miles with ice creamstop

Mile	Turn	Instruction
Start	LT	from Hammatt parking lot
0.1	RT	Washington St. (tracks)
0.7	LT	Linebrook Rd.
2.2	RT	Mile Lane
3.0	LT	Rt. 1A
4.2	S	Continue Rt. 1A in Rowley
8.9	LT	Newman Rd.
10.1	RT	Hay st.
10.9	LT	Green St.
11.8	LT	Hanover St.
12.7	X	Cross Rt. 1 to Middle Rd.
14.9	LT	Middle Rd.
16.1	RT	Elm St.
17.2	LT	Coleman Rd.
17.9	RT	Straight (med. and long go right)
18.3		(narrow bridge)
18.5	S	Cross Rt. 1 on to Central St.
20.6	RT	Rt. 1A in Rowley
21.3		White Farms Ice Cream on right
22.4	RT	Mile Lane
23.2	LT	Linebrook Rd.
24.7	RT	Washington St.
25.2	LT	Hammat St.
25.3	RT	Hammat St. Parking lot



Route Arrow

RT= Right Turn LT = Left Turn BR = Bear Right BL = Bear Left
S = Straight X = Cross

Medium loop: 37 miles with 2 options

Mile	Turn	Instruction
Start	LT	from Hammatt St. parking
0.1	RT	Washington St. (tracks)
0.7	LT	Linebrook Rd.
2.2	RT	Mile Lane
3.0	LT	Rt. 1A
4.2	S	Continue Rt. 1A in Rowley
8.9	LT	Newman Rd.
10.1	RT	Hay st.
10.9	LT	Green St.
11.8	LT	Hanover St.
12.7	X	Cross Rt. 1 to Middle Rd.
14.9	LT	Middle Rd.
16.1	RT	Elm St.
17.2	LT	Coleman Rd.
17.9	RT	Sharp turn on Hillside St.
19.0	RT	Weathersfield Rd.
19.9	BR	Weathersfield
20.6	LT	Tenney St.
21.5	LT	Access Rd., and bear right
22.2	RT	National Ave.
22.6	LT	Rt. 133
24.1	RT	Leslie Rd.
25.5	RT	Linebrook Rd.
ALT	LT	Linebrook, cross Rt. 1, rejoin short
26.9	LT	Linebrook (Rowley Rd.)
27.9	LT	Rt. 97
29.3	LT	Rt.97, then LT East Common
29.4	S	Howlett (steep climb)
30.4	LT	Perkins Row
31.7	RT	Ipswich Rd.
32.1	S	Ipswich Rd.
ALT	RT	Asbury then LT Bradley Palmer SP
		Through park, follow arrows back to Ipswich
36.3	S	Cross RR tracks
36.4	LT	Depot Square in Ipswich
36.5	RT	Hammat St.
36.6	RT	Hammat St. parking lot